

SEPTEMBER 2023 BREAKFAST AND LUNCH MENUS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1% white and skim chocolate milk offered daily					1 cereal, cheese stick, juice, milk Pizza , chips, fruit , veg. milk	
	4 NO MEALS LABOR DAY	5CEREAL, FRUIT, MILK Hot ham and cheese, ,tots , veg., fruit, milk	6 omelet, fruit bar, juice, milk Chicken pat., bun, potato, veg., fruit, milk	7 cereal, fruit, juice , milk Hot dog/bun, snack chip, fruit, veg., milk	8 pop tart, yogurt, juice, milk Pancakes, syrup, sausage, potato, fruit, milk	
	11 cereal, fruit, milk Mozz. Sticks, marinara, chips, , fruit , veg., milk	12pancakes, , links, juice, milk Chicken nuggets, mashed/ gravy, fruit veg., fruit, milk	13cereal, fruit, juice, milk BBQ/ bun, chips , veg., fruit, milk	14 muffin, cheese stick, juice, milk Hamburger, bun, potato, veg., fruit, milk	15 cereal, fruit, juice, milk . Uncrustable., goldfish, veg, fruit, milk, cookie	
	18cereal, fruit, juice, milk Salisbury, steak, potato, veg., fruit, milk	19 French toast, syrup links, juice, milk Chick.patty/ bun, chip, veg., fruit,	20 omelet, toast, fruit, juice, milk Pizza, chip , veg., fruit, milk	21 w.g. donut, cheese stick, juice, milk Nachos, chips, cheese, veg., fruit, milk	22 cereal, fruit, juice, milk Deli sand. / bun, crackers, veg., fruit,	
	25cereal, fruit, juice, milk Cheeseburger/ bun, fries, veg., fruit, milk	26 waffle, syrup, yogurt, juice, milk Chicken nuggets, potato, veg., fruit, milk	27 cereal, fruit, milk, juice Ham/cheese sand., wg. Snack, veg., fruit, milk	28 pop tart, cheese stick, juice, milk Corn dog, chips, veg., fruit, milk	29cereal, fruit, juice, milk Mozz. Stick, marinara, potato, veggies, fruit milk	This institution is an equal opportunity provider